AcuGlow Micro-Needling Aftercare www.RababAlAmin.com •You will be red 8-12 hours. •Aloe Vera can help reduce redness. •Do not exercise today. Sweat can irritate the face. •Stay out of the sun the day you get Micro-Needling. •Use Mineral sunscreen a week after Micro-Needling. •No make-up today. • Facial products have a much higher absorption. •Use Hyaluronic Acid when you feel dry and before you go to bed tonight. Hyaluronic Acid •Do not use facial soap today, you can wash your face with just warm water, Back to your normal facial routine tomorrow. • Facial products have a much higher absorption. •Rate the week after micro-needling. •It takes two weeks to fully see results from the treatment. •You must wait one month before doing another Micro-Needling treatment. However Nano-Needling treatments Hunt Valley Acupuncture may be done weekly to increase and speed up the results. and Chinese Herbal Medicine www.RababAlAmin.com